



Botox 101

Dr. Natbony is recommending Botox therapy for your Chronic Migraine. This letter is designed to provide you with important information regarding your treatment plan and what to expect throughout the process. The goal is to make sure that you fully understand how Botox treatment may benefit your medical condition and to help you understand how you can play an active role in your treatment and ongoing care.

Once Dr. Natbony decides that you are a good candidate for Botox, the Integrative Headache Medicine of New York office staff will then complete all the necessary paperwork and request prior authorization from your primary insurance company for Botox injections and medication. Prior authorization of Botox is required for most insurances; however, it is not a guarantee of payment. The process of reaching out to your insurance company for prior authorization can take 1-2 weeks. Your insurance may require a specialty pharmacy for delivery of the Botox medication. If so, you must contact the specialty pharmacy to consent to the medication delivery to our office.

Botox injections are done every 12 weeks. Follow-up appointments are done six weeks after each injection. However, we are happy to see you for a follow-up appointment sooner than this if needed. This follow-up is necessary to establish how Botox is working, assess the need for any adjustments, and initiate the process of ordering the next cycle of Botox from your insurance company.

If, at any time during the duration of your Botox therapy, your insurance changes, it is your responsibility to notify us promptly. Failure to notify us of any insurance changes may result in the cancellation of your appointment. For your own financial planning, we advise contacting your insurance company to find out what co-pays or deductibles may be associated with Botox therapy for your specific plan.

AbbVie offers a financial assistance program for out-of-pocket costs for commercially insured patients. Please register at www.botoxsavingsprogram.com. You can receive up to \$1,000 per injection for any out-of-pocket costs, including deductible, co-insurance, medication, and procedure fees.